

Raspberry Protein Bites

These nutrient-packed bites combine rich chocolate, nutty textures, and bright raspberry flavor for a balanced, on-the-go snack with a naturally indulgent feel.



INGREDIENTS

- 80 g (2.8 oz) Rolled Oats, finely ground
- 70 g (2.4 oz) Whey Protein (chocolate)
- 70 g (2.4 oz) Hemp Hearts
- 90 g (3.1 oz) Peanut Butter
- 200 g (7 oz) **ANDROS Raspberry Spread**
- 28 g (1 oz) Cocoa Powder
- 1 tbsp Black Sesame Seeds

Coating

- Hemp Hearts
- Dehydrated Raspberries

INSTRUCTIONS

1. Whisk together all dry ingredients in a bowl.
- Fold in peanut butter and **ANDROS Raspberry Spread** until fully combined.
1. Chill mixture until firm enough to handle.
2. Portion and roll into 20 g bite-sized balls.
3. Coat with hemp hearts and dehydrated raspberries.

Yield: 24 pieces

FEATURED INGREDIENT



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