

# Raspberry Protein Bites

These nutrient-packed bites combine rich chocolate, nutty textures, and bright raspberry flavor for a balanced, on-the-go snack with a naturally indulgent feel.

## INGREDIENTS

- 80 g (2.8 oz) Rolled Oats, finely ground
- 70 g (2.4 oz) Whey Protein (chocolate)
- 70 g (2.4 oz) Hemp Hearts
- 90 g (3.1 oz) Peanut Butter
- 200 g (7 oz) **ANDROS Raspberry Spread**
- 28 g (1 oz) Cocoa Powder
- 1 tbsp Black Sesame Seeds

### Coating

- Hemp Hearts
- Dehydrated Raspberries

## INSTRUCTIONS

1. Whisk together all dry ingredients in a bowl.
2. Fold in peanut butter and **ANDROS Raspberry Spread** until fully combined.
3. Chill mixture until firm enough to handle.
4. Portion and roll into 20 g bite-sized balls.
5. Coat with hemp hearts and dehydrated raspberries.

Yield: 24 pieces



## FEATURED INGREDIENT



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